



Bultum Academy Restrictive Procedure Plan

Law

Minn. Stat. § 125A.0942, Subd.

Schools that intend to use restrictive procedures are required to maintain and make publicly accessible a restrictive procedures plan for students.

Minn. Stat. § 125A.0941(e)

Restrictive procedures means the use of physical holding or seclusion in an emergency.

Minn. Stat. § 125A.0941(b)

An emergency means a situation where immediate intervention is needed to protect a student or other individual from physical injury or to prevent serious property damage.

Minn. Stat. § 125A.0942, Subd. 2(d)

Restrictive procedures may be used only in response to behavior that constitutes an emergency, even if written into a student's IEP or BIP.

I. Bultum Academy intends to use the following restrictive procedures:*

Requirement found at Minn.Stat. § 125A.0942, Subd. 1(1)

A. Physical holding:

Definition found at Minn. Stat. § 125A.0941(c)

1. Physical holding means physical intervention intended to hold a student immobile or limit a student's movement and where body contact is the only source of physical restraint.

Definition found at Minn. Stat. § 125A.0941(c)

2. The term physical holding does not mean physical contact that:

a) Helps a student respond or complete a task;



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- b) Assists a student without restricting the student's movement;
 - c) Is needed to administer an authorized health-related service or procedure; or
 - d) Is needed to physically escort a student when the student does not resist or the student's resistance is minimal.
3. Bultum Academy intends to use the following types of physical holding:
- a) CPI Children's Control Position (2 People)
 - b) CPI Team Control Position (3 People)
 - c) CPI Transport Position (2 People)
 - d) CPI Interim Control Position

Bultum Academy does not intend to use seclusion in any form or situation.

B. Seclusion:

Definition found at Minn. Stat. § 125A.0941(f)

1. Seclusion means confining a student alone in a room from which egress is barred.

Definition found at Minn. Stat. § 125A.0941(f)

2. Removing a student from an activity to a location where the student cannot participate in or observe the activity is not seclusion.

II. Bultum Academy will monitor and review the use of restrictive procedures in the following manner:*

Requirement found at Minn.Stat. § 125A.0942, Subd. 1(2)

A. Documentation:

Requirement found at Minn.Stat. § 125A.0942, Subd. 3(4)

1. Each time physical holding is used, the staff person who implements or oversees the physical holding or seclusion shall document, as soon as possible after the incident concludes, the following information:



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- a) A description of the incident that led to the physical holding or seclusion;
- b) why a less restrictive measure failed or was determined by staff to be inappropriate or impractical;
- c) the time the physical holding or seclusion began and the time the student was released; and a brief record of the student's behavioral and physical status.

Requirement found at Minn.Stat. § 125A.0942, Subd. 1(2)

2. Attached to this document you will find a copy of Bultum Academy's physical holding form.

B. Post-use debriefings:*

1. Each time physical holding is used, the staff person who implemented or oversaw the physical holding shall conduct a post-use debriefing with the Special Education Coordinator, staff involved in the incident, student, if appropriate, within 24 hours after the incident concludes to ensure the following:
2. The post-use debriefing will review the following requirements to ensure the physical holding was used appropriately:

Requirement found at Minn.Stat. § 125A.0942, Subd. 32

- a) Whether the physical holding was used in an emergency;

Requirement found at Minn.Stat. § 125A.0942, Subd. 3(1)3

- b) whether the physical holding was the least intrusive intervention that effectively responds to the emergency;

Requirement found at Minn.Stat. § 125A.0942, Subd. 3(2)4

- c) whether the physical holding ended when the threat of harm ended and the staff determined that the student could safely return to the classroom or activity;

Requirement found at Minn.Stat. § 125A.0942, Subd. 3(3)5



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- d) whether the staff directly observed the student while physical holding was being used;

Requirement found at Minn.Stat. § 125A.0942, Subd. 3(4)

- e) whether the documentation was completed correctly;

Requirement found at Minn.Stat. § 125A.0942, Subd. 2(b)6 and Minn. § 125A.0942, Subd. 2(d) 7

- f) whether the parents were correctly notified;

Requirement found at Minn.Stat. § 125A.0942, Subd. 2(c)8

- g) whether an IEP team meeting needs to be scheduled;

Requirement found at Minn.Stat. § 125A.0942, Subd. 2(a)9

- h) whether the appropriate staff used physical holding; and

Requirement found at Minn.Stat. § 125A.0942, Subd. 5

- i) whether the staff that used physical holding was appropriately trained.

3. If the post-use debriefing team reveals that the use of physical holding was not used appropriately, Bultum Academy will take immediate corrective action. The following steps will be taken:

- a) Offer additional training to staff involved;
- b) require staff to re-take Non-Violent Crisis Intervention Training; and notify the student's IEP team.

Requirement found at Minn.Stat. § 125A.0942, Subd. 1(2)

C. Bultum Academy's Oversight Committee*

1. Bultum Academy's Oversight Committee consists of the following individuals:

- a) Special Education Coordinator



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- b) Special Education Director
 - c) Behavior Intervention Team Coordinator
2. Bultum Academy's Oversight Committee meets as incidents occur.
 3. Bultum Academy's Oversight Committee will monitor the following:
 - a) Review post-use restrictive procedure debriefing forms;
 - b) ensure any training needed is provided in a timely fashion;
 - c) review crisis response procedures; and d) ensure IEP team meetings are conducted in a timely fashion if required.

III. Bultum Academy staff received training in the following skills and knowledge areas:*

Requirement found at Minn. Stat. § 125A.0942, Subd. 1(3) and Subd. 5

A. Positive behavioral interventions:

1. CPI training: non-violent crisis intervention.
2. Attached to this document you will find a list of staff that has completed (CPI) non-violent crisis intervention training and the date that they were certified. Also attached to this document you will find a copy of Bultum Academy's School-Wide Positive Behavior Plan.

A. Communicative intent of behavior:

1. CPI training: non-violent crisis intervention.
2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to communicative intent of behaviors:
 - a. Non-verbal;
 - b. paraverbal;
 - c. verbal intervention skills.

C. Relationship rebuilding:



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1. CPI training: non-violent crisis intervention.
2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to relationship re-building:

- a. CPI Coping Model

D. Alternatives to restrictive procedures, including techniques to identify events and environmental factors that may escalate behavior:

1. CPI training: non-violent crisis intervention.
2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to alternatives to restrictive procedures:

- a. CPI Crisis Development Model

E. De-Escalation methods:

1. CPI training: non-violent crisis intervention.
2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to de-escalation methods:

- a. CPI Crisis Development Model; and
- b. CPI Verbal Escalation Continuum.

F. Standards for using restrictive procedures:

1. CPI training: non-violent crisis intervention/nonviolent physical crisis intervention. Staff also received specific restrictive procedures training from the Special Education Coordinator and Behavior Intervention Coordinator on Date TBD. A copy of that presentation will be attached to this document.



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2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to standards for using restrictive procedures:

- a. CPI training: non-violent crisis intervention/nonviolent physical crisis intervention; and
- b. restrictive procedures training on Date TBD

Minn. Stat. § 121A.035

G. Obtaining emergency medical assistance:

1. Bultum Academy's Crisis Response Team is trained in First Aid & CPR. Bultum Academy's Crisis Response Team is also trained in management of a crisis situation which includes obtaining emergency medical assistance in a variety of situations.

2. Attached to this plan you will find a copy of Bultum Academy's Crisis Management Policy.

H. The physiological and psychological impact of physical holding:

1. CPI training: non-violent crisis intervention.

2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to physiological psychological impact of physical holding:

a. CPI Coping Model

b. Each time physical holding or seclusion is used, the staff person who implemented or oversaw the physical holding shall conduct a post-use debriefing with the Special Education Coordinator, staff involved in the incident, student, if appropriate, within 24 hours after the incident concludes.

I. Monitoring and responding to a student's physical signs of distress when physical holding is being used:

1. CPI training: nonviolent physical crisis intervention.



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2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to monitoring physical signs of distress:

- a. Understanding the risks of restraints;
- b. dangers of restraints;
- c. reducing the risks of restraints.

C. Recognizing the symptoms of and interventions that may cause positional asphyxia when physical holding is used:

1. CPI training: nonviolent physical crisis intervention.

2. Bultum Academy staff is required to take (CPI) non-violent crisis intervention training. Bultum Academy received training on the following that directly relate to asphyxia risks:

- d. Understanding the risks of restraints;
- e. dangers of restraints; and
- f. reducing the risks of restraints.

Definition found at Minn. Stat. § 125A.0941(d)

II. Bultum Academy is committed to using positive behavioral interventions and supports.

B. Positive behavioral interventions and supports:

1. Positive behavior intervention and support means interventions and strategies to improve the school environment and teach children the skills to behave appropriately.

Encouragement found at Minn. Stat. § 125A.0942, Subd. 610

2. We are currently developing our School-Wide Positive Behavior Plan. A copy of this plan will be attached to this document once completed.

Prohibitions found at Minn. Stat. § 125A.0942, Subd. 4(1-9)



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III. Bultum Academy will never use the following prohibited procedures on a student:

- B. Engaging in conduct prohibited under section 121A.58 (corporal punishment);
- C. require a student to assume and maintain a specified physical position, activity, or posture that induces physical pain;
- D. totally or partially restrict a student's senses as punishment;
- E. present an intense sound, light, or other sensory stimuli using smell, taste, substance, or spray as punishment;
- F. deny or restrict a student's access to equipment and devices such as walkers, wheelchairs, hearing aids, and communication boards that facilitate the student's functioning, except when temporarily removing the equipment or device is needed to prevent injury to the student or others or serious damage to the equipment or device, in which case the equipment or device shall be returned to the student as soon as possible;
- G. interact with a student in a manner that constitutes sexual abuse, neglect, or physical abuse under section 626.556 (reporting of maltreatment of minors);
- H. withhold regularly scheduled meals or water;
- I. deny access to bathroom facilities; and
- J. physical holding that restricts or impairs a student's ability to breathe